


# December 2021

## SCHIZOPHRENIA SOCIETY REC CALENDAR



S	M	T	W	T	F	S
			1	2  Holiday Cards and Chat!+ 7-8:00pm Zoom	3	4
5	6  Bingo Party Live Stream* 7-8:00pm Youtube	7	8	9	10	11
12	13	14	15	16	17	18  CP Holiday Train & Concert. 7:00PM
19	20  Bingo Party Live Stream* 7-8:00pm Youtube	21	22	23	24  Christmas Eve	25 Christmas 
26  Boxing Day	27 Holiday Haters Vent Hour 10am Zoom 	28	29	30	31  New Years Eve	

\*These bingo events are free and live streamed on YouTube. A link to the stream will be sent out, and then once the event has started there is an option to follow a link to create your own virtual Bingo cards.

+Bring your own greeting cards and get your mail all finished up to send out for the holidays. Wear a jolly sweater, or gather some snacks!

Heidi's current office schedule is  
Tue.-Fri. 9:00-2:00  
We continue to work from home at this time.

**Happy December everyone! Currently Rec. Group remains virtual! We are using Zoom!**  
TO RECEIVE A ZOOM INVITE, EMAIL [HEIDI@SCHIZOPHRENIA.SK.CA](mailto:HEIDI@SCHIZOPHRENIA.SK.CA) OR CONTACT 306-374-2224

Our offices will be closed from Dec 23rd - Jan 4th  
Heidi will check emails the morning of Dec 27th, and will send out an invite for anyone needing a link for that day.